

Active & Inclusive 2015

BLOCK 1: 27TH MAY – 17TH JUNE

BLOCK 2: 19TH AUGUST – 9TH SEPTEMBER

Wednesday mornings – two sessions available;
Session 1 10.00am – 10.45am
Session 2 11.00am – 11.45am

Venue – Unigym at University of Tasmania and other

Active & Inclusive encourages children and adults with or without disabilities to get involved and participate in physical activity.



More information over page or contact
Active Launceston on 6324 4027

Move More, Live More!

Active Launceston relies on grants, sponsorships and donations to operate. The Active Launceston Appeal gives you the opportunity to say thank you and contribute to programs and events into the future. To make a donation please visit the UTAS Foundation website www.utas.edu.au/foundation/donate and follow the links to the Active Launceston Appeal.

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- Ⓐ The program aims to engage people with or without a disability in physical activities that are enjoyable and fun for everyone.
- Ⓐ The program will be supported by adapted equipment and experienced staff.
 - All ages and abilities
 - No commitment required
 - Wear loose comfortable clothing and bring a drink bottle
- Ⓐ Groups larger than three please make a booking through Active Launceston on 6324 4047



The Active Launceston Information Hub is your one stop shop for information on everything that is active in Launceston. Visit us to find out more about our great programs and events as well as other community initiatives at 41 Frankland Street Launceston.

Move More, Live More with Active Launceston